



Self-Development - Tip #1

10 Things to STOP and THINK About!

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More often than not, it's the **little** things that make a **big** impact on your life. So today, in no particular order, here are my *10 things you should STOP and THINK about now that could change your life!*

1. **Negotiating.** Whether your negotiation is strong or weak depends entirely on how badly you want what you're negotiating for.
2. **Success.** Your success is based on your current behavior, not past performance. So how are you behaving at the moment?
3. **Confidence.** Confidence comes from success; knowledge comes from failure. So you win whether you succeed or fail...
4. **Conflict.** Conflict is healthy; anger is not. Get help for excessive anger.
5. **Wisdom.** No matter how smart you are, wisdom only comes from experience.
6. **Problems.** When you have problems with others, look inside yourself for answers.
7. **Quitting.** Don't jump ship before you hit the iceberg. Quitting is not always your best option...
8. **Talking.** If you don't know what you're talking about, stop talking and start learning.
9. **Misery.** If you're miserable with what you're doing, quit and do something else. If you're still miserable, it's you.
10. **Anger.** Anger is never about what you think you're angry about. Try to find out what yours is all about...

I hope you do take the time to stop and think about my 10 little things and that they have a big impact on You! Now...if you want to dive deeper, try these [20 things you should stop doing right now!](#)

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